WEEK _____

DAILY SCHEDULE

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
5:00 A.M.							
5:30 A.M.							
6:00 A.M.							
6:30 A.M.							
7:00 A.M.							
7:30 A.M.							
8:00 A.M.							
8:30 A.M.							
9:00 A.M.							
9:30 A.M.							
10:00 A.M.							
10:30 A.M.							
11:00 A.M.							
11:30 A.M.							
12:00 P.M.							
12:30 P.M.							
1:00 P.M.							
1:30 P.M.							
2:00 P.M.							
2:30 P.M.							
3:00 P.M.							
3:30 P.M.							
4:00 P.M.							
4:30 P.M.							
5:00 P.M.							
5:30 P.M.							
6:00 P.M.							
6:30 P.M.							
7:00 P.M.							
7:30 P.M.							
8:00 P.M.							
8:30 P.M.							
9:00 P.M.							
9:30 P.M.							
10:00 P.M.							